

BRANCHES OUT FOREST SCHOOL

GROUPS

DISCOVER WILD NATURE

Research shows that spending time outside has a positive impact on mental wellbeing, physical health and reduced stress in children and adults.

ADAPTIVE AND INCLUSIVE

All of our activities and sessions can be adapted to suit your groups needs. We tackle the barriers to inclusion so everyone can get involved in Forest School.



BESPOKE PACKAGES

BRISTOL BS13 0DA

SCHOOLS

We offer bespoke packages for schools including low ratio intervention groups, after school clubs, class sessions & taster days.

TEAMS

The perfect introduction to forest school, focusing on team building, communication, adventure & time in nature.

CHARITIES

One-off or ongoing sessions for charities including youth groups, intervention groups, taster days and more,

www.branchesoutforestschool.co.uk

FOREST SCHOOL

IN A NUTSHELL...



LONG TERM

Forest School sessions take place regularly for long term development

IN WOODLAND

Sessions can take place in our woodland site or in a suitable forest area, chosen by you



HOLISTIC

Physical, social, cognitive, linguistic, emotional and spiritual development

RISK TAKING

Challenging activities build on motivation, decision making, and risk assessment



LEADERS

Activity leaders are qualified, experienced and competent in skills

LEARNERS

Learner centred pedagogical approach involving play, choice and reflection



ACTIVITIES

INCLUDE

CAMPFIRE COOKING



NATURE ID



TOOLS



CLIMBING



TEAM GAMES



FORAGING



WHITTLING



DEN BUILDING



CRAFTS





GROUPS

LOW RATIO INTERVENTION

1:1 or 1:2
ages 5-14
£50 per hour
6 week block

focus on re-engagement,
motivation & self-esteem
great for SEND, mental health or
challenging behaviour

ONE OFF WORKSHOPS

up to 3:30
ages 5+
£150 for 2 hours
one-off booking

introduction to Forest School
including activities, team
building, crafts, campfire and
snacks

15% pupil
premium
discount
available

SMALL GROUPS

1:6
ages 5-11
£60 per hour
6 week block

focus on skill growth, social
interaction & thrive
great for schools or clubs, can be
themed to curriculum topics

LARGE GROUPS

up to 1:15
ages 5+
bespoke packages

large groups require volunteer
support & training
please contact us to create a
bespoke package

LOCATIONS

AIForest School sessions can take place
at our site, BS13 0DA. or a suitable site,
of your own, please contact us to
discuss.

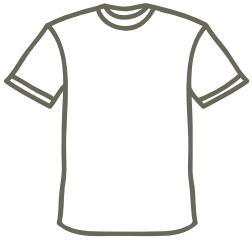
PAYMENT

We can invoice your group for
your Forest School sessions - this
must be paid for in full before the
sessions begin.



FUNDRAISING

we know that money doesn't grow on trees. Please check out these ideas and tips that your group can use to fundraise for these sessions



NON-UNIFORM DAY

collect £1 per child to come in casual clothing for the day. Could you even make it woodland themed?

BAKE SALE

get your group to get busy in the kitchen and sell your cakes at a fête, charity day or other event. Can you do a bake off?

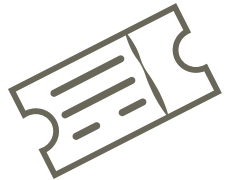


SKILLS AUCTION

offer services and skills to the highest bidder for a fun, engaging event. Can you offer cleaning, gardening, or dog walking?

RAFFLE

contact local businesses (us included!) for voucher donations of raffle prize, and sell tickets to families and friends.

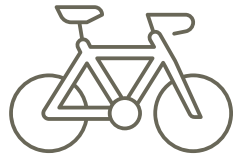


CAR WASH

get out your sponge, soap and suds, and run a car wash for the day at an event or from your house.

SPONSORSHIP

feeling adventurous? Ask family and friends to sponsor you to complete a one-off challenging event.



DONATION BOX

place a donation tin by reception or in an area lots of people pass through to start building up a fund.

JUST GIVING

set up an online donations page and share the link with friends and family. Keep them updated on your progress!



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branchesoutforestschool.co.uk 